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**IN THE UNITED STATES DISTRICT COURT  
FOR THE DISTRICT OF ARIZONA**

GeriAnn Turner,

No. CV-23-01114-PHX-MTL

Plaintiff,

## ORDER

V.

Commissioner of Social Security  
Administration,

**Defendant.**

At issue is the denial by the Social Security Administration of Plaintiff GeriAnn Turner’s application for Title II disability insurance benefits under the Social Security Act. Plaintiff filed a complaint (Doc. 1) with the Court seeking review of her claim. The Court has reviewed the briefs (Docs. 22, 26, 27) and the administrative record (Docs. 11, 12, 13, 14 “A.R.”), and now affirms the Administrative Law Judge’s (“ALJ”) decision.

## I. BACKGROUND

Plaintiff filed an application for benefits on September 10, 2020<sup>1</sup> (A.R. at 206-07), for a period of disability beginning on February 22, 2016 (*id.* at 13, 213-14). Plaintiff's claims were initially denied on February 26, 2021 (*id.* at 13, 103-11), and upon reconsideration on March 16, 2021 (*id.* at 113-17). Thereafter, Plaintiff filed a request for a hearing which was held before the ALJ on March 21, 2022. (*Id.* at 7-8, 160.) On May 16, 2022, the ALJ dismissed the Plaintiff's claims. (*Id.* at 10-12.) Plaintiff subsequently filed

<sup>1</sup> On page 13 of the administrative record, the ALJ appears to have erroneously stated that the Plaintiff's application for benefits was filed on September 9, 2020. (See A.R. at 206-07.) This incorrect date was cited and repeated in Plaintiff's opening brief. (Doc. 22 at 1.)

1 a request for review, which was denied on April 28, 2023. (*Id.* at 1-3.) Plaintiff now seeks  
 2 judicial review with this Court pursuant to 42 U.S.C. § 405(g).

3 The Court has reviewed the record and will discuss the pertinent evidence in  
 4 addressing the issues raised by the parties. Upon considering the medical evidence and  
 5 opinions, the ALJ evaluated Plaintiff's disability claim based on the following severe  
 6 impairments: status post cervical discectomy fusion of C6-C7; status post left L5-S1  
 7 microdiscectomy; intervertebral disc degeneration, lumbosacral region; obesity; asthma;  
 8 bilateral primary osteoarthritis of the knee; and status post left tenosynovectomy. (A.R. at  
 9 16.)

10 The ALJ found that Plaintiff did not have an impairment or combination of  
 11 impairments that met or medically equaled the severity of one of the listed impairments of  
 12 20 C.F.R. Part 404, Subpart P, Appendix 1. (*Id.* at 18.) Next, the ALJ determined Plaintiff's  
 13 residual functional capacity ("RFC").<sup>2</sup> The ALJ found:

14 [T]he claimant had the [RFC] to perform sedentary work as  
 15 defined in 20 CFR [§] 404.1567(a) except that the claimant can  
 16 lift and/or carry 10 pounds occasionally and 10 pounds  
 17 frequently; can stand and/or walk for a total of 2 hours in an 8-  
 18 hour workday; can sit for a total of 6 hours in an 8-hour  
 19 workday; push and/or pull without limit other than as shown  
 20 for lift and/or carry; can never climb ladders/ropes/scaffolds;  
 21 can occasionally climb ramps/stairs, balance, stoop, kneel,  
 22 crouch, and crawl; can frequently reach overhead with the  
 23 bilateral upper extremities; and the claimant must avoid  
 24 concentrated exposure to extreme cold and fumes, odors, dusts,  
 25 gases, poor ventilation, etc.

26 (*Id.*) Based on this RFC, the ALJ found Plaintiff could perform past relevant work as an  
 27 accounting assistant, human resources assistant, finance manager, account receivable clerk,  
 28 invoice specialist, and accountant. (*Id.* at 24.) Consequently, the ALJ concluded that  
 Plaintiff was not disabled under §§ 261(i) and 223(d) of the Social Security Act. (*Id.* at 24-  
 25.)

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<sup>2</sup> Residual functional capacity refers to the most a claimant can still do in a work setting despite his or her limitations. 20 C.F.R. § 404.1545(a)(1).

1       **II.     LEGAL STANDARD**

2       In determining whether to reverse an ALJ’s decision, the district court reviews only  
 3 those issues raised by the party challenging the decision. *See Lewis v. Apfel*, 236 F.3d 503,  
 4 517 n.13 (9th Cir. 2001). The Court may set aside the Commissioner’s determination only  
 5 if it is not supported by substantial evidence or is based on legal error. *Orn v. Astrue*, 495  
 6 F.3d 625, 630 (9th Cir. 2007). Substantial evidence is relevant evidence that a reasonable  
 7 person might accept as adequate to support a conclusion considering the entire record. *Id.*  
 8 To determine whether substantial evidence supports a decision, the Court must consider  
 9 the entire record and may not affirm simply by isolating a “specific quantum of supporting  
 10 evidence.” *Id.* (citation omitted). Generally, “[w]here the evidence is susceptible to more  
 11 than one rational interpretation, one of which supports the ALJ’s decision, the ALJ’s  
 12 conclusion must be upheld.” *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002)  
 13 (citation omitted). The substantial evidence threshold “defers to the presiding ALJ, who  
 14 has seen the hearing up close.” *Biestek v. Berryhill*, 587 U.S. 97, 108 (2019); *see also*  
 15 *Thomas v. CalPortland Co.*, 993 F.3d 1204, 1208 (9th Cir. 2021) (noting substantial  
 16 evidence “is an extremely deferential standard”).

17       To determine whether a claimant is disabled, the ALJ follows a five-step process.  
 18 20 C.F.R. § 404.1520(a). The claimant bears the burden of proof on the first four steps, but  
 19 the burden shifts to the Commissioner at step five. *Tackett v. Apfel*, 180 F.3d 1094, 1098  
 20 (9th Cir. 1999). At the first step, the ALJ determines whether the claimant is presently  
 21 engaging in substantial gainful activity. 20 C.F.R. § 404.1520(a)(4)(i), (b). If so, the  
 22 claimant is not disabled, and the inquiry ends. *Id.* At step two, the ALJ determines whether  
 23 the claimant has a “severe” medically determinable physical or mental impairment. *Id.*  
 24 § 404.1520 (a)(4)(ii), (c). If not, the claimant is not disabled, and the inquiry ends. *Id.* At  
 25 step three, the ALJ considers whether the claimant’s impairment or combination of  
 26 impairments meets or medically equals an impairment listed in Appendix 1 to Subpart P  
 27 of 20 C.F.R. Part 404. 20 C.F.R. § 404.1520(a)(4)(iii), (d). If so, the claimant is  
 28 automatically found to be disabled. *Id.* At step four, the ALJ assesses the claimant’s RFC

1 and determines whether the claimant is still capable of performing past relevant work. *Id.*  
 2 § 404.1520(a)(4)(iv), (e). If so, the claimant is not disabled, and the inquiry ends. *Id.* If not,  
 3 the ALJ proceeds to the fifth and final step, where the ALJ determines whether the claimant  
 4 can perform any other work in the national economy based on the claimant’s RFC, age,  
 5 education, and work experience. 20 C.F.R. § 404.1520(a)(4)(v), (f). If not, the claimant is  
 6 disabled. *Id.*

### 7 III. DISCUSSION

8 Plaintiff raises two issues before the Court. First, Plaintiff argues the ALJ erred by  
 9 rejecting the opinion of Plaintiff’s primary care provider, Deborah Bernard, board-certified  
 10 family nurse practitioner (“NP”), without substantial evidence. (Doc. 22 at 12.) Second,  
 11 Plaintiff argues the ALJ erred in rejecting her symptom testimony. (*Id.* at 18.)

#### 12 A. Medical Opinion Evidence

13 Plaintiff argues that the ALJ’s determination regarding NP Bernard’s assessments  
 14 of her ability to perform work-related activities was not supported by substantial evidence.  
 15 (*Id.* at 12.) The Court disagrees.

16 In 2017, the Commissioner revised the regulations for evaluating medical evidence  
 17 for all claims filed on or after March 27, 2017. *See* Revisions to Rules Regarding the  
 18 Evaluation of Medical Evidence, 82 Fed. Reg. 5844, 5844 (Jan. 18, 2017). Because  
 19 Plaintiff filed her claim after the effective date, the revised rules apply. (A.R. at 206-07.)  
 20 Unlike the old regulations, the revised rules do not require an ALJ to defer to the opinions  
 21 of a treating physician nor assign every medical opinion a specific evidentiary weight. 20  
 22 C.F.R. § 404.1520c(a).

23 The revised rules require the ALJ to consider all opinion evidence and determine  
 24 the persuasiveness of each medical opinion’s findings based on factors outlined in the  
 25 regulations. 20 C.F.R. § 404.1520c(a)-(b). The most important factors ALJs consider are  
 26 “consistency” and “supportability.” 20 C.F.R. § 404.1520c(b)(2). Supportability focuses  
 27 on evidence intrinsic to the medical opinion, requiring adjudicators to look at the relevance  
 28 of the objective medical evidence and explanations cited as support for the physician’s

1 medical opinion. *Id.* § 404.1520c(c)(1). In contrast, consistency focuses on evidence  
 2 extrinsic to the medical opinion, requiring adjudicators to compare consistency of the  
 3 opinion to other evidence in the record. *Id.* § 404.1520c(c)(2). The ALJ can, to a lesser  
 4 degree, consider other factors such as the length and purpose of the treatment relationship,  
 5 the kinds of examinations performed, and whether the medical source personally examined  
 6 the claimant. *Woods v. Kijakazi*, 32 F.4th 785, 792 (9th Cir. 2022).

7 The Ninth Circuit held that “an ALJ cannot reject an examining or treating doctor’s  
 8 opinion as unsupported or inconsistent without providing an explanation supported by  
 9 substantial evidence.” *Id.* Therefore, an ALJ, “must ‘articulate . . . how persuasive’ it finds  
 10 ‘all of the medical opinions’ from each doctor or other source, and ‘explain how it  
 11 considered the supportability and consistency factors’ in reaching these findings.” *Id.*  
 12 (citing 20 C.F.R. § 404.1520c(b), (b)(2)) (internal citations omitted).

13 The record reflects that NP Bernard has served as the Plaintiff’s primary care  
 14 provider for approximately 15 years. (A.R. at 48.) In April 2021, NP Bernard completed a  
 15 checkbox-style medical assessment regarding the Plaintiff’s ability to do work-related  
 16 physical activities. (*Id.* at 2428-29.) NP Bernard’s assessment indicates that Plaintiff is  
 17 unable to sit, stand, or walk for more than two hours in a typical eight-hour workday and  
 18 requires Plaintiff to alternate positions at least every 20 minutes. The decision states that  
 19 Plaintiff could lift and carry less than ten pounds, would miss more than six days of work  
 20 per month, and would be off task more than twenty-one percent of a workday.

21 The ALJ found these opinions unpersuasive:

22 The undersigned finds this opinion to be unpersuasive, as the  
 23 extreme limitations noted by Ms. Bernard are not supported by  
 24 any accompanying examination findings. The opinion is not  
 25 supported by Ms. Bernard’s examination findings of record,  
 26 which reflect normal findings with respect to the claimant’s  
 27 neurological, psychiatric, or extremity findings. In addition,  
 28 the opinion is inconsistent with the record as a whole, including  
 with the claimant’s examination findings from the Arizona  
 Pain Doctors, as noted above (e.g., Ex. 19F, 26F, 27F, and  
 28F).

1 (A.R. at 23.) The ALJ's finding that NP Bernard's medical opinion was unpersuasive is  
 2 supported by substantial evidence. Although brief, the ALJ's discussion addresses both the  
 3 supportability and consistency factors as required by 20 C.F.R. § 404.1520c(c)(1)-(2).

4 First, the ALJ addresses supportability by finding that the "extreme limitations" in  
 5 NP Bernard's assessment are not supported by any accompanying examination findings.  
 6 (A.R. at 23.) Plaintiff argues that such accompanying examination findings are not  
 7 required. (Doc. 22 at 14-15.) While true, "an ALJ may take into account the quality of the  
 8 explanation when determining how much weight to give a medical opinion" *Ford v. Saul*,  
 9 950 F.3d 1141, 1155 (9th Cir. 2020) (cleaned up); *see also Thomas v. Barnhart*, 278 F.3d  
 10 947, 957 (9th Cir. 2002) ("The ALJ need not accept the opinion of any physician, including  
 11 a treating physician, if that opinion is brief, conclusory, and inadequately supported by  
 12 clinical findings.").

13 In this case, NP Bernard did not provide any substantive explanation for her  
 14 conclusions. She simply checked boxes when answering the questions and left blank a  
 15 comments section that provided her an opportunity to explain her assessment. (A.R. at  
 16 2428-29.) To the extent that NP Bernard's opinions are supported by her treatment notes  
 17 found elsewhere within the administrative record, the ALJ permissibly discounted her  
 18 opinion due to inconsistencies with these examinations, which reflected "normal"  
 19 neurological, psychiatric, or extremity findings. For instance, NP Bernard's assessment  
 20 claimed that the Plaintiff could only use her left hand occasionally (21-33 percent of the  
 21 time), but her own examination records indicate that Plaintiff had "normal" extremity  
 22 findings. (*Compare* A.R. at 2428, *with* A.R. at 2417.) The Commissioner in his Response  
 23 cites additional examples that prove the same point. (Doc. 26 at 15 (citing A.R. at 1001,  
 24 1025-26, 1037, 1057, 1075, 1081, 1092, 1100, 1108).) As referenced by the ALJ, similar  
 25 inconsistencies between NP Bernard's assessment and examinations of record exist for the  
 26 Plaintiff's neurological and psychiatric findings, including the entirety of Exhibits 17F and  
 27 19F as noted by the ALJ. (A.R. 16, 20-24, 891-92).

28

1 Plaintiff then argues, without citation to case law, that these inconsistencies are not  
 2 a permissible basis for discrediting the opinion because they do not relate to Plaintiff's  
 3 impairments or ability to sustain work. (Doc. 22 at 15; Doc. 27 at 4.) Neurological,  
 4 psychiatric, and extremity findings, however, appear closely connected to an assessment  
 5 that determines how much someone can lift and concentrate during a workday. The  
 6 inference the ALJ drew from the record was not a mistaken inference, and where evidence  
 7 is susceptible to more than one rational interpretation, the ALJ's conclusion must be  
 8 upheld. *Shaibi v. Berryhill*, 883 F.3d 1102, 1107 (9th Cir. 2017).

9 Therefore, the ALJ could reasonably find that the lack of accompanying  
 10 examination findings is a permissible basis for discounting that doctor's opinion under the  
 11 supportability factor. While opinions expressed in check-the-box questionnaires cannot be  
 12 rejected solely for that reason, *Popa v. Berryhill*, 872 F.3d 901, 907 (9th Cir. 2017), "the  
 13 ALJ may permissibly reject check-off reports that do not contain any explanation of the  
 14 bases of their conclusions," *Molina v. Astrue*, 674 F.3d 1104, 1111 (9th Cir. 2012),  
 15 superseded on other grounds by 20 C.F.R. § 404.1502(a).

16 The ALJ then further addressed the consistency factor by noting that the opinion is  
 17 inconsistent with the record as a whole. (A.R. at 23.) Without more, this justification would  
 18 be wholly insufficient basis for discrediting medical testimony. The ALJ, however,  
 19 narrowed the scope of his conclusion by citing his prior elaboration of the Arizona Pain  
 20 Doctors' examination findings and referencing several exhibits that were discussed in more  
 21 detail earlier in his decision. In looking at the prior discussion, the ALJ cited a number of  
 22 clinical records that demonstrate an inconsistency, including findings of normal gait and  
 23 near-normal strength in extremities. (*Id.* at 763-64, 789-90, 892, 1872-74, 2348-49.)  
 24 Additionally, the ALJ considered Plaintiff's testimony about her ability to perform  
 25 activities of daily living that involve sustained concentration, including driving, reading,  
 26 handling money, and performing some household chores (*id.* at 17, 47, 280-83), which  
 27 contradict NP Bernard's assessment of concentration and cognition difficulties. (*Id.* at  
 28 2428.)

1 Plaintiff argues that, by pointing to entire exhibits, these citations are too general to  
 2 sufficiently demonstrate inconsistency. A reviewing court, however, must look to “*all* the  
 3 pages of the ALJ’s decision.” *Kaufmann v. Kijakazi*, 32 F.4th 843, 851 (9th Cir. 2022)  
 4 (affirming the ALJ’s decision and finding that a prior discussion sufficiently demonstrated  
 5 which of the claimant’s daily activities conflicted with the reported testimony); *Lambert v.*  
 6 *Saul*, 980 F.3d 1266, 1277 (9th Cir. 2020) (“Our cases do not require ALJs to perform a  
 7 line-by-line exegesis of the claimant’s testimony, nor do they require ALJs to draft  
 8 dissertations when denying benefits.”). When taken as a whole, the Court finds that the  
 9 ALJ sufficiently met its burden of substantial evidence and adequately connected its  
 10 findings to the medical and testimonial inconsistencies.

## 11           B.     **Symptom Testimony**

12 Plaintiff next argues that the ALJ erred in rejecting her symptom testimony without  
 13 providing specific, clear, and convincing reasons. (Doc. 22 at 18.)

14 An ALJ employs a two-step process in evaluating a claimant’s symptom testimony.  
 15 *Garrison v. Colvin*, 759 F.3d 995, 1014 (9th Cir. 2014). First, the ALJ considers whether  
 16 the claimant has presented objective medical evidence of an impairment “which could  
 17 reasonably be expected to produce the pain or symptoms alleged.” *Lingenfelter v. Astrue*,  
 18 504 F.3d 1028, 1035-36 (9th Cir. 2007). Then, provided no evidence of malingering exists,  
 19 the ALJ must evaluate the claimant’s statements in the context of the objective medical  
 20 evidence and other evidence in the record. *See* 20 C.F.R. § 404.1529(c)(2)-(3). At this step,  
 21 “the ALJ can reject the claimant’s testimony about the severity of [their] symptoms only  
 22 by offering specific, clear and convincing reasons for doing so.” *Garrison*, 759 F.3d at  
 23 1014-15 (internal quotation marks omitted). This requirement prevents an ALJ from  
 24 “arbitrarily discredit[ing]” the claimant’s subjective symptom testimony. *Thomas*, 278  
 25 F.3d at 958. Despite the “clear and convincing standard [being] the most demanding  
 26 required in Social Security cases,” *Garrison*, 759 F.3d at 1015 (cleaned up), the ALJ need  
 27 not “believe every allegation of disabling pain.” *Fair v. Bowen*, 885 F.2d 597, 603 (9th Cir.  
 28 1989), superseded on other grounds by 20 C.F.R. § 404.1502(a). Instead, when assessing

1 the claimant's credibility, the ALJ may consider "inconsistencies either in [the] claimant's  
 2 testimony or between his testimony and his conduct, claimant's daily activities, claimant's  
 3 work record, and testimony from physicians and third parties concerning the nature,  
 4 severity, and effect of the symptoms of which [the] claimant complains." *Thomas*, 278 F.3d  
 5 at 958-59 (cleaned up). Should the district court find that the ALJ's specific, clear, and  
 6 convincing reasons are supported by substantial evidence, the court must not second guess  
 7 the ALJ's judgment and should affirm the ALJ's decision. *See Fair*, 885 F.2d at 604.

8 Here, in evaluating Plaintiff's testimony, the ALJ appropriately followed the  
 9 prescribed two-step analysis. At step one, the ALJ found that Plaintiff's "medically  
 10 determinable impairments could reasonably be expected to cause some of the alleged  
 11 symptoms." (A.R. at 19.) At step two, the ALJ found that Plaintiff's "statements  
 12 concerning the intensity, persistence, and limiting effects of [Plaintiff's] symptoms are not  
 13 entirely consistent with the medical evidence and other evidence in the record." (*Id.* at 20.)

14 The ALJ's reasoning for discrediting Plaintiff's symptom testimony is readily  
 15 discernable and supported by the record. First, the ALJ summarized the Plaintiff's  
 16 testimony regarding the intensity, persistence, and limiting effects of her symptoms. (*Id.* at  
 17 19.) These alleged symptoms consist of an inability to communicate effectively, difficulty  
 18 in paying attention, and general pain in her feet, knees, ankles, lower back, neck, and head.  
 19 (*Id.*) In sum, Plaintiff alleged diffuse symptoms which seemingly would affect her ability  
 20 to concentrate, sit, and stand for extended periods of time. Despite the reported debilitating  
 21 pain, the ALJ noted that Plaintiff testified to engaging in recreational travel to various  
 22 destinations, including Nevada, Seattle, New Zealand, Australia, and the Caribbean. (*Id.*)  
 23 Next, the ALJ noted that the objective medical evidence did not support the severity of  
 24 Plaintiff's alleged symptoms. (*Id.* at 20.) Finally, the ALJ proceeded to review Plaintiff's  
 25 medical history, making note of where the record demonstrated findings of reduced pain,  
 26 normal memory, and normal or near-normal range of motion in the extremities, except for  
 27 some persistent decreased mobility in her ankle. (A.R. at 16, 20-22; *see also id.* at 521,  
 28 760-64, 789, 892, 1237, 1283, 1319, 1366.) In addition, the ALJ found an instance in which

1 an MRI of Plaintiff's thoracic spine "did not show pathology that would explain [Plaintiff's  
2 reported] pain." (A.R. at 22, 2512.) Although the ALJ did not highlight the point explicitly,  
3 the conclusion is clear—the ALJ discovered consistent clinical findings that contradicted  
4 the Plaintiff's symptom testimony.

5 Plaintiff further argues that the ALJ's reference to an isolated instance in which the  
6 Plaintiff reported a "complete alleviation" of neck pain could not substantiate the ALJ's  
7 decision to discredit symptom testimony. (*Id.* at 790.) As Plaintiff identifies, the ALJ did  
8 refer to a post-operative visit documenting substantial relief of neck pain. (*Id.* at 20.)  
9 Whether this sole medical report is sufficient to discredit symptom testimony need not be  
10 answered because the ALJ had other sufficient reasons to do so.

11 The ALJ provided reasoning for discrediting the Plaintiff's symptom testimony that  
12 was supported by substantial evidence. The Court therefore will not disturb the ALJ's  
13 conclusion. *See Tommasetti v. Astrue*, 533 F.3d 1035, 1039 (9th Cir. 2008) ("If the ALJ's  
14 finding is supported by substantial evidence, the court may not engage in second-  
15 guessing." (citation omitted)).

16 **IV. CONCLUSION**

17 Accordingly,

18 **IT IS ORDERED affirming** the May 16, 2022 decision by the Administrative Law  
19 Judge and the Commissioner of the Social Security Administration (A.R. at 13-25).

20 **IT IS FURTHER ORDERED** directing the Clerk to enter final judgment  
21 consistent with this Order and close this case.

22 Dated this 11th day of June, 2024.

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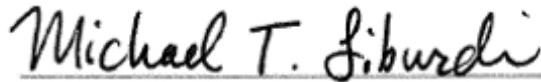
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Michael T. Liburdi  
United States District Judge